

**PSYCHOLOGY HONOURS CERTIFICATE PROGRAMME PROPOSAL
AY 2022-2023**

Activities:

1. Psychology Workshop
2. Psychology Khandala Seminar

General Information of the Activity	
1.	Department and Hub Lingua Humanities
2.	Title of the Activity Psychology Workshop
3.	Name of the Professor taking the course and Email address Ruby Pavri ruby.pavri@xaviers.edu
4.	Name/s of the Resource person/s There will be different resource persons for the different workshops (9 in odd semester and 6 in the even semester)
5.	Name of the Dept Coordinator and Email address Ruby Pavri ruby.pavri@xaviers.edu
6.	Name of the Hub Coordinator and Email address Dr. Suvaiba Pirani
7	Number of credits for the activity and number of hours 1 credit (15 hours) for each workshop. (11 hours are contact hours and 4 hours are for work on the graded assignment) The grade is given by the resource person based on the quality of the assignment submitted and attendance for all sessions of the workshop.
8	Fees 500
9	Eligibility Multi-disciplinary activity
10	Number of students Around 25 seats per workshop
11	Duration and Time One and a half days (usually conducted over half Saturday 3.30-6.30pm and full Sunday 9am-6pm) and a few hours sprint on an

	application task that the student works on and submits by the specified deadline.
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Details of the Activity	
1	Title: PSYCHOLOGY WEEKEND WORKSHOP
2	<p>Learning Objectives:</p> <ul style="list-style-type: none"> ● To orient an interdisciplinary group to a specific area of applied psychology ● To give the group an experiential learning opportunity with structured exercises, moderated by the facilitator/resource person ● To apply their learning to completing the task assigned by the facilitator/resource person
3	<p>Learning Outcomes:</p> <ul style="list-style-type: none"> ● ACADEMIC CONTENT: Participants will have introductory knowledge on a specific area of applied psychology ● INTERPERSONAL PROCESSES: Participants will get insight into the dynamics of group processes through participation in structured exercises, moderated by the facilitator/resource person ● APPLICATION: Participants will be able to demonstrate their learning in the form of an application oriented task assigned by the facilitator/resource person
4	<p>Description</p> <p>PSYCHOLOGY WORKSHOPS are opportunities for experiential learning beyond the prescribed syllabus for an interdisciplinary group (seats offered are usually 25 per workshop). This is a voluntary co-curricular activity.</p> <p>The themes are clearly from the field of psychology but have been adapted to suit an interdisciplinary group of participants. Registration is done via the google form circulated and accessible through the website</p> <p>The format is experiential exercises, discussion and input along with an application-based task to be completed after the workshop and submitted by the due date specified by the resource persons. Most of these are held in person, a few may be conducted online. (In the online format, participant's audio and video feed will need to be kept on.)</p> <p>The grade assigned will be dependent on having attended the entire workshop, usually held over a weekend (half Saturday and full Sunday) and submitting the required assignment to the resource person by the deadline (which is decided by the resource person, after conferring with the group). The resource person will assign the grade for participants.</p> <p>Resource persons are usually alumni of the department from diverse fields of psychology who are willing to share their time and expertise with current students. Participants can be St. Xavier's senior college students from any department.</p> <p>The activity of participation in the workshop covers 15 hours of work (11 contact hours participating in the workshop and 4 hours work on the application based graded task) and is counted as a single credit with a grade assigned.</p> <p># THEMES AND DATES ARE DECIDED IN EACH SEMESTER</p>

	ACCORDING TO AVAILABILITY OF RESOURCE PERSONS. (Refer to the section below for the odd semester psychology workshops 2022-23)
5	Modules if any

PSYCHOLOGY WORKSHOPS ODD SEMESTER 2022-23 (Contact the department for Registrations for these workshops. The next set of workshops will be announced at the start of the even semester)

	THEME	RESOURCE PERSON	DATES	VENUE/ FORMAT
	Life Skills in Action: Relationships and Habits	Priya Baid	6th, 7th August 2022	Psychology Lab
	Introduction to Narrative Practices	Jehanzeb Baldiwala	6th, 7th August 2022	Near Psychology Lab
	Rational Emotive Behaviour Therapy	Shama Shah	6th, 7th August 2022	ONLINE
	Sport Psychology	Maurelle D'sa	13th, 14th August 2022	ONLINE
	Conflict Resolution Life Skills	Arman Dalal	13th, 14th August 2022	Psychology Lab
	The Psychology of Story and the Self	Toru Jhaveri	16th, 17th August, 2022	Psychology Lab
	Thinking Aloud: (How) Do we craft our narratives?	Sailee Biwalkar	17th, 18th September 2022	Psychology Lab
	Introductory Workshop on Animal Assisted Therapy	Janvi Thakkar	17th, 18th September 2022	Near Psychology Lab
	Forensic Psychology	Krupa Nishar	16th, 17th, 18th September 2022	ONLINE



St. Xavier's College, Mumbai
Department of Psychology
presents

WORKSHOPS

Life Skills in Action: Relationships and Habits

(On Campus)
6th and 7th August 2022

Rational Emotive Behaviour Therapy

(Online)
6th and 7th August 2022

Introduction to Narrative Practices

(On Campus)
6th and 7th August 2022

Sport Psychology

(On Campus)
13th and 14th August 2022

Conflict Resolution Life Skills

(On Campus)
13th and 14th August 2022

The Psychology of Story and the Self

(On Campus)
16th and 17th August 2022

Thinking Aloud : (How) Do we craft our narratives?

(On Campus)
17th and 18th September 2022

Introductory Workshop on Animal Assisted Therapy

(On Campus)
17th and 18th September 2022

Forensic Psychology

(Online)
16th, 17th & 18th
September 2022

**HONOURS CERTIFICATE PROGRAMME PROPOSAL
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General Information of the Activity	
1.	Department and Hub Lingua Humanities
2.	Title of the Activity Psychology Khandala Seminar
3.	Name of the Professor taking the course and Email address Ruby Pavri ruby.pavri@xaviers.edu
4.	Name/s of the Resource person/s All faculty and the TA are involved
5.	Name of the Dept Coordinator and Email address Ruby Pavri ruby.pavri@xaviers.edu
6.	Name of the Hub Coordinator and Email address Dr. Suvaiba Pirani
7.	Number of credits for the activity and number of hours 2 credit (minimum 30 hours) for research, presentation and submission of the seminar paper Students are given training on how to do research and to make effective presentations in front of a group of peers. Audience members are also given criteria to consider (based on the content and process of the presentation) so that the feedback for the presenter is constructive. The grade is given based on the quality of the presentation at the seminar, collated audience feedback and the written submission of the paper. .
8.	Fees (depends on whether we are online or offline)
9.	Eligibility Only Psychology students of FY, SY and TY
10.	Number of students around 25 to 30 paper presenters (audience is usually around 100)
11.	Duration and Time The process usually begins in August with a decision on the theme itself and ends in February. Registration links will be shared and training session dates will be announced only in the Psychology classes itself. The two Days for paper presentation at the seminar are (tentatively 3,4,5 Feb 2023).

Details of the Activity	
1	Title: PSYCHOLOGY KHANDALA SEMINAR
2	<p>Learning Objectives:</p> <ul style="list-style-type: none"> ● To conduct a thorough literature review for a Research Paper ● To conduct primary research (if the theme lends itself to it) ● To write an academic paper that is submitted for grading ● To present the paper at the Annual Department seminar ● To give and receive constructive feedback
3	<p>Learning Outcomes:</p> <p>RESEARCH: Presenters will have learnt about research by engaging in the process of doing a thorough literature review using credible sources (and some students would have learnt to collect and analyze primary research data as well)</p> <p>WRITING: Presenters will have learnt about structuring and writing an academic seminar paper with appropriate citing of reference sources.</p> <p>PRESENTATION: Presenters will have learnt (by doing and observing) what contributes to effective and ineffective presentation skills. The question and answer session at the end of their presentation will have contributed to their self-efficacy</p> <p>FEEDBACK: Students will have learnt to give and receive constructive feedback.</p>
4	<p>Description</p> <p>PSYCHOLOGY</p> <p>Every year 80-100 students participate and around 20-40 papers are presented across two/ three simultaneous groups. The presentation sessions last 45 minutes each, with 30 minutes for the speaker and 15 minutes for audience interaction, discussion and feedback. A student chairs the session by introducing the speaker, maintaining time and facilitating the Q and A interaction. Audience members can even ask about aspects of the paper that were not covered due to time constraints. An outline (including subtopics, brief explanations & references) of the paper is given to each audience member, at the start of the session. No PPTs are used in Khandala (however, in the online format, use of slides was permitted). Student presenters are given a training / orientation session on referencing skills and presentation skills before the seminar and they also learn about effective techniques as they observe others present and listen to audience feedback.</p> <p>Students note down their thoughts and opinions as they listen to each paper. The criteria on which feedback is given are specified.</p>

	CRITERIA based on the content of the paper	CRITERIA based on the process / presentation
	Extent of reference work	Communication (tonal quality, audibility etc)
	Knowledge of the topic	Efforts to aid presentation (cases, pictures)
	Ability to make it comprehensible	Management of time
	Sources / methods of data collection	Interest arousal in audience
	Information in the Indian context	Audience participation in the interaction
	Personal insights / reflections	Ability to answer questions
	<p>Concrete, honest feedback is encouraged because this is a learning experience for all and mastery is achieved through openness to feedback.</p> <p>The final grade on the certificate given by the department takes into account the effectiveness of the presentation, the quality of the written paper and collated audience feedback.</p>	
5	Modules if any	

DEPARTMENT OF
PSYCHOLOGY



Annual Khandala Seminar

2021-22

EVOLUTION OF PSYCHOLOGY (RESEARCH, APPROACHES & APPLICATIONS)

**TENTATIVE DATES
28TH-30TH
JANUARY 2022**

*Open to FY,SY, TY Psychology
Students*

SUBTHEMES

- Classic experiments and their relevance to the current times
- Concepts (new perspectives in defining/understanding the concepts)
- Methodology of research (changes in techniques)
- Neurobiology and impact of behavioural genetics
- Outliers/extremes different from the norm
- Research applied to understand real life phenomena (rather than theoretical constructs or laboratory experiments)
- Branches of psychology into interdisciplinary applications
- Others...